

# 72. Plänterwaldlauf

ABC-Zentrum Berlin  
Ergebnisliste

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## 15 km Gesamtwertung

| Platz | Pl. m. | Pl. wei. | Stnr | Name, Vorname       | Geb  | AK   | Platz AKI. | Verein                      | Zwischenzeiten    | Bruttozeit | Nettozeit |
|-------|--------|----------|------|---------------------|------|------|------------|-----------------------------|-------------------|------------|-----------|
| 1.    | 1      |          | 332  | Schumann, Winfried  | 1966 | M 45 | 1          | TuS Neukölln Berlin         | 20:39,0           | 1:01:49 h  | (1:01:47) |
| 2.    | 2      |          | 391  | May, Matthias       | 1984 | M 20 | 1          | Vegan Runners BBI           | 20:43,0 (41:22,0) | 1:04:49 h  | (1:04:47) |
| 3.    | 3      |          | 412  | Molina, Marco       | 1965 | M 45 | 2          | berlin                      | 21:14,2           | 1:05:18 h  | (1:05:16) |
| 4.    | 4      |          | 745  | Grießbach, Denis    | 1974 | M 35 | 1          | A3K Berlin                  | 21:03,0           | 1:06:53 h  | (1:06:52) |
| 5.    | 5      |          | 586  | Schneider, Björn    | 1980 | M 30 | 1          | FH Runners Berlin           | 21:33,1           | 1:08:27 h  | (1:08:16) |
| 6.    | 6      |          | 369  | Schweier, Sebastian | 1977 | M 35 | 2          | Berlin                      | 22:25,9           | 1:08:39 h  | (1:08:29) |
| 7.    | 7      |          | 579  | Seidel, Florian     | 1985 | M 20 | 2          | SCC Berlin Triathlon        | 23:19,4           | 1:09:29 h  | (1:09:27) |
| 8.    | 8      |          | 387  | Bodora, Thomas      | 1965 | M 45 | 3          | LG Buchsbaum                | 22:39,1           | 1:12:10 h  | (1:12:07) |
| 9.    | 9      |          | 389  | Piontek, Bernd      | 1963 | M 45 | 4          | MoveForYou                  | 23:37,4           | 1:12:30 h  | (1:12:26) |
| 10.   | 10     |          | 333  | Seidel, Riccardo    | 1988 | M 20 | 3          | Berlin                      | 24:06,2           | 1:12:42 h  | (1:12:36) |
| 11.   |        | 1        | 416  | Schönhardt, Elke    | 1974 | W 35 | 1          | OSC Berlin                  | 23:32,7           | 1:12:48 h  | (1:12:46) |
| 12.   | 11     |          | 336  | Krüger, Uwe         | 1964 | M 45 | 5          |                             | 23:50,8           | 1:14:15 h  | (1:13:35) |
| 13.   | 12     |          | 594  | Zimmermann, ?       | 1974 | M 35 | 3          | TVB 09                      | 26:21,3           | 1:14:24 h  | (1:14:16) |
| 14.   | 13     |          | 410  | Launay, Frederic    | 1975 | M 35 | 4          | Breizh                      | 24:56,1           | 1:15:06 h  | (1:14:52) |
| 15.   | 14     |          | 344  | Pols, Gijsbert      | 1980 | M 30 | 2          | Berlin                      | 24:46,6           | 1:15:31 h  | (1:14:57) |
| 16.   | 15     |          | 375  | Richter, Wulf       | 1970 | M 40 | 1          | Eiserne Hauptmänner         | 26:06,4           | 1:17:10 h  | (1:16:43) |
| 17.   | 16     |          | 339  | Kunkel, Florian     | 1986 | M 20 | 4          | MSC Parmen                  | 27:08,6           | 1:17:29 h  | (1:16:45) |
| 18.   | 17     |          | 573  | Ehrlich, Hanno      | 1967 | M 45 | 6          | Berlin                      | 26:22,0           | 1:17:41 h  | (1:17:32) |
| 19.   | 18     |          | 729  | Dalk, Jan           | 1970 | M 40 | 2          | Frankfurt (Oder)            | 25:02,8           | 1:18:26 h  | (1:18:03) |
| 20.   |        | 2        | 399  | Opt-Eynde, Kathrin  | 1961 | W 50 | 1          | gotorun                     | 27:11,5           | 1:18:30 h  | (1:18:30) |
| 21.   | 19     |          | 370  | Höhner, Ronald      | 1970 | M 40 | 3          | Berlin                      | 26:42,5           | 1:18:40 h  | (1:18:05) |
| 22.   | 20     |          | 396  | Kliesch, Stefan     | 1964 | M 45 | 7          | Berlin                      | 27:14,9           | 1:18:46 h  | (1:18:30) |
| 23.   | 21     |          | 406  | Janotte, Ralf       | 1957 | M 55 | 1          | BSG Brotmeisterei Steinecke | 26:24,7           | 1:19:31 h  | (1:19:17) |
| 24.   | 22     |          | 368  | Großmann, Patrick   | 1977 | M 35 | 5          | Berlin                      | 25:48,7           | 1:20:44 h  | (1:20:33) |
| 25.   |        | 3        | 392  | Rehfeld, Kira       | 1982 | W 30 | 1          | Vegan Runners BBI           | 26:13,9           | 1:21:28 h  | (1:21:06) |
| 26.   |        | 4        | 380  | Czeninga, Annelie   | 1983 | W 20 | 1          | KDL-Gesundheit              | 27:54,5           | 1:21:40 h  | (1:21:23) |
| 27.   | 23     |          | 403  | Graber, Bernd       | 1963 | M 45 | 8          | LG Schefflenztal            | 27:53,7           | 1:21:55 h  | (1:21:20) |
|       |        |          |      |                     |      |      |            |                             | 29:41,6           |            |           |

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## 15 km Fortsetzung Gesamtwertung

| Platz | Pl. m. | Pl. wei. | Stnr | Name, Vorname      | Geb  | AK   | Platz AKI. | Verein                              | Zwischenzeiten      | Bruttozeit | Nettozeit |
|-------|--------|----------|------|--------------------|------|------|------------|-------------------------------------|---------------------|------------|-----------|
| 28.   | 24     |          | 570  | Alpsoy, Volkan     | 1979 | M 30 | 3          | SCC Berlin                          |                     | 1:21:58 h  | (1:21:53) |
|       |        |          |      |                    |      |      |            | 26:53,5 (52:52,8)                   | 29:04,9 (1:21:57,7) |            |           |
| 29.   |        | 5        | 457  | Fiehn, Sandra      | 1986 | W 20 | 2          |                                     |                     | 1:22:29 h  | (1:21:37) |
|       |        |          |      |                    |      |      |            | 26:36,8 (54:59,4)                   | 27:29,4 (1:22:28,8) |            |           |
| 30.   | 25     |          | 458  | Tietz, Enrico      | 1984 | M 20 | 5          |                                     |                     | 1:22:31 h  | (1:21:40) |
|       |        |          |      |                    |      |      |            | 26:49,3 (53:32,4)                   | 28:57,8 (1:22:30,2) |            |           |
| 31.   | 26     |          | 394  | du Hamel, Andreas  | 1957 | M 55 | 2          | Berlin                              |                     | 1:24:23 h  | (1:23:37) |
|       |        |          |      |                    |      |      |            | 28:04,2 (56:16,7)                   | 28:06,1 (1:24:22,8) |            |           |
| 32.   | 27     |          | 390  | Kühlert, Frank     | 1972 | M 40 | 4          | FH Runners Berlin                   |                     | 1:24:33 h  | (1:24:20) |
|       |        |          |      |                    |      |      |            | 28:25,7 (56:13,3)                   | 28:19,1 (1:24:32,4) |            |           |
| 33.   |        | 6        | 378  | Engel, Diana       | 1984 | W 20 | 3          | Vegan Runners                       |                     | 1:24:47 h  | (1:24:23) |
|       |        |          |      |                    |      |      |            | 28:32,7 (56:35,5)                   | 28:11,0 (1:24:46,5) |            |           |
| 34.   | 28     |          | 340  | Fröhlich, Rolf     | 1965 | M 45 | 9          | Harry Brot Berlin                   |                     | 1:25:03 h  | (1:24:28) |
|       |        |          |      |                    |      |      |            | 28:25,3 (56:19,7)                   | 28:43,1 (1:25:02,8) |            |           |
| 35.   | 29     |          | 385  | Englert, Michael   | 1962 | M 50 | 1          | Berlin                              |                     | 1:25:25 h  | (1:25:02) |
|       |        |          |      |                    |      |      |            | 28:18,7 (56:40,1)                   | 28:44,4 (1:25:24,5) |            |           |
| 36.   | 30     |          | 402  | Sager, Frank       | 1967 | M 45 | 10         | Amt für Statistik Berlin-Brandenbur | 1:25:58 h           | (1:25:09)  |           |
|       |        |          |      |                    |      |      |            | 28:05,8 (57:55,6)                   | 28:01,5 (1:25:57,1) |            |           |
| 37.   |        | 7        | 359  | Hlawatsch, Anja    | 1985 | W 20 | 4          | Amt für Statistik Berlin-Brandenbur | 1:25:58 h           | (1:25:11)  |           |
|       |        |          |      |                    |      |      |            | 28:08,5 (57:54,6)                   | 28:02,7 (1:25:57,3) |            |           |
| 38.   | 31     |          | 363  | Grün, Enrico       | 1980 | M 30 | 4          | Amt für Statistik Berlin-Brandenbur | 1:25:58 h           | (1:25:11)  |           |
|       |        |          |      |                    |      |      |            | 28:08,4 (57:54,5)                   | 28:02,9 (1:25:57,4) |            |           |
| 39.   | 32     |          | 383  | Petras, André      | 1978 | M 30 | 5          | StB Dr. Albrecht und Partner GbR    | 1:25:58 h           | (1:25:29)  |           |
|       |        |          |      |                    |      |      |            | 27:33,9 (58:21,4)                   | 27:36,5 (1:25:57,9) |            |           |
| 40.   | 33     |          | 386  | Maiwald, Jan P.    | 1973 | M 35 | 6          | HENN Architekten Berlin             | 1:26:36 h           | (1:26:34)  |           |
|       |        |          |      |                    |      |      |            | 28:52,9 (57:31,3)                   | 29:04,1 (1:26:35,4) |            |           |
| 41.   |        | 8        | 585  | Brose, Claudia     | 1963 | W 45 | 1          | SC Borussia Friedrichsfelde Berlin  | 1:26:49 h           | (1:26:09)  |           |
|       |        |          |      |                    |      |      |            | 28:36,4 (59:20,0)                   | 27:29,0 (1:26:49,0) |            |           |
| 42.   |        | 9        | 404  | Gill, Astrid       | 1971 | W 40 | 1          | TSV Buchen                          | 1:28:15 h           | (1:27:40)  |           |
|       |        |          |      |                    |      |      |            | 29:45,6 (59:27,9)                   | 28:46,6 (1:28:14,5) |            |           |
| 43.   | 34     |          | 374  | Hrzan, Frank       | 1976 | M 35 | 7          | LV Einheit Pankow                   | 1:28:18 h           | (1:28:03)  |           |
|       |        |          |      |                    |      |      |            | 29:09,4 (56:59,8)                   | 31:17,3 (1:28:17,1) |            |           |
| 44.   |        | 10       | 574  | Mohr, Birgit       | 1958 | W 50 | 2          | SC Borussia Friedrichsfelde         | 1:28:51 h           | (1:28:12)  |           |
|       |        |          |      |                    |      |      |            | 29:12,7 (59:52,1)                   | 28:58,8 (1:28:50,9) |            |           |
| 45.   |        | 11       | 372  | Krause, Brigitte   | 1962 | W 50 | 3          | Berlin                              | 1:29:34 h           | (1:29:31)  |           |
|       |        |          |      |                    |      |      |            | 29:46,9 (59:39,9)                   | 29:54,0 (1:29:33,9) |            |           |
| 46.   | 35     |          | 376  | Skora, Christian   | 1969 | M 40 | 5          | LV Einheit Pankow                   | 1:29:53 h           | (1:29:37)  |           |
|       |        |          |      |                    |      |      |            | 30:36,2 (1:00:15,7)                 | 29:36,9 (1:29:52,6) |            |           |
| 47.   | 36     |          | 388  | Mattei, Alessandro | 1978 | M 30 | 6          | FH Runners Berlin                   | 1:31:17 h           | (1:31:04)  |           |
|       |        |          |      |                    |      |      |            | 29:43,5 (58:37,1)                   | 32:39,6 (1:31:16,7) |            |           |
| 48.   | 37     |          | 323  | Poller, Martin     | 1984 | M 20 | 6          |                                     | 1:31:37 h           | (1:31:21)  |           |
|       |        |          |      |                    |      |      |            | 29:37,7 (1:00:49,6)                 | 30:47,0 (1:31:36,6) |            |           |
| 49.   | 38     |          | 324  | Poller, Marcus     | 1986 | M 20 | 7          | Berlin                              | 1:31:40 h           | (1:31:23)  |           |
|       |        |          |      |                    |      |      |            | 29:39,4 (1:00:51,5)                 | 30:47,7 (1:31:39,2) |            |           |
| 50.   |        | 12       | 398  | Tschiedel, Kathrin | 1966 | W 45 | 2          | Aken/Elbe                           | 1:32:43 h           | (1:32:13)  |           |
|       |        |          |      |                    |      |      |            | 30:18,8 (1:01:36,5)                 | 31:06,2 (1:32:42,7) |            |           |
| 51.   |        | 13       | 415  | Lipfert, Katrin    | 1989 | W 20 | 5          | SC Borussia Friedrichsfelde         | 1:32:44 h           | (1:32:06)  |           |
|       |        |          |      |                    |      |      |            | 31:03,9 (1:01:51,0)                 | 30:52,2 (1:32:43,2) |            |           |
| 52.   |        | 14       | 395  | Lipfert, Gabriela  | 1961 | W 50 | 4          | SC Borussia Friedrichsfelde         | 1:34:20 h           | (1:33:42)  |           |
|       |        |          |      |                    |      |      |            | 31:14,7 (1:02:13,3)                 | 32:06,5 (1:34:19,8) |            |           |
| 53.   | 39     |          | 360  | Schnieber, Patric  | 1986 | M 20 | 8          | Rauen                               | 1:34:51 h           | (1:34:02)  |           |
|       |        |          |      |                    |      |      |            | 31:17,5 (1:03:29,5)                 | 31:20,7 (1:34:50,2) |            |           |
| 53.   | 39     |          | 361  | Reisewitz, Florian | 1986 | M 20 | 8          | Fürstenwalde                        | 1:34:51 h           | (1:34:01)  |           |
|       |        |          |      |                    |      |      |            | 31:21,3 (1:03:33,4)                 | 31:16,8 (1:34:50,2) |            |           |

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## 15 km Fortsetzung Gesamtwertung

| Platz | Pl. m. | Pl. wei. | Stnr | Name, Vorname        | Geb  | AK   | Platz AKI. | Verein                               | Zwischenzeiten      | Bruttozeit | Nettozeit |
|-------|--------|----------|------|----------------------|------|------|------------|--------------------------------------|---------------------|------------|-----------|
| 55.   | 41     |          | 384  | Liebich, Carsten     | 1963 | M 45 | 11         | StB Dr. Albrecht und Partner GbR     | 31:08,8 (1:03:30,2) | 1:35:15 h  | (1:34:45) |
|       |        |          |      |                      |      |      |            |                                      | 31:44,1 (1:35:14,3) |            |           |
| 56.   | 42     |          | 469  | Hartmann, Jens-Peter | 1963 | M 45 | 12         | Eisenhuettenstadt                    | 31:25,7 (1:03:04,3) | 1:35:31 h  | (1:35:18) |
|       |        |          |      |                      |      |      |            |                                      | 32:26,1 (1:35:30,4) |            |           |
| 57.   |        | 15       | 364  | Lieb, Sarah          | 1985 | W 20 | 6          |                                      | 31:18,5 (1:03:31,5) | 1:35:32 h  | (1:34:59) |
|       |        |          |      |                      |      |      |            |                                      | 32:00,5 (1:35:32,0) |            |           |
| 58.   |        | 16       | 331  | Unverricht, Tina     | 1969 | W 40 | 2          | TiB 1848 e.V.                        | 31:46,6 (1:04:59,8) | 1:36:20 h  | (1:35:41) |
|       |        |          |      |                      |      |      |            |                                      | 31:19,8 (1:36:19,6) |            |           |
| 59.   | 43     |          | 445  | Ciesielski, Martin   | 1958 | M 50 | 2          | LT Bernd Hübner, Berlin              | 31:47,7 (1:05:00,5) | 1:36:20 h  | (1:35:41) |
|       |        |          |      |                      |      |      |            |                                      | 31:19,2 (1:36:19,7) |            |           |
| 60.   | 44     |          | 543  | Jahn, Steffen        | 1964 | M 45 | 13         |                                      | 32:41,8 (1:05:29,2) | 1:37:06 h  | (1:35:23) |
|       |        |          |      |                      |      |      |            |                                      | 31:36,5 (1:37:05,7) |            |           |
| 61.   |        | 17       | 377  | Baasner, Meike       | 1977 | W 35 | 2          |                                      | 32:30,0 (1:05:33,8) | 1:37:40 h  | (1:37:05) |
|       |        |          |      |                      |      |      |            |                                      | 32:05,9 (1:37:39,7) |            |           |
| 61.   |        | 17       | 397  | Bentzien, Alexandra  | 1975 | W 35 | 2          | Berlin                               | 32:30,3 (1:05:34,0) | 1:37:40 h  | (1:37:05) |
|       |        |          |      |                      |      |      |            |                                      | 32:05,7 (1:37:39,7) |            |           |
| 63.   | 45     |          | 589  | Schindler, Thomas    | 1982 | M 30 | 7          | Berlin                               | 29:01,7 (56:54,7)   | 1:38:28 h  | (1:38:28) |
|       |        |          |      |                      |      |      |            |                                      | 41:32,5 (1:38:27,2) |            |           |
| 64.   |        | 19       | 329  | Niebuhr, Maria       | 1984 | W 20 | 7          | Berlin                               | 33:13,4 (1:07:37,3) | 1:39:31 h  | (1:38:54) |
|       |        |          |      |                      |      |      |            |                                      | 31:53,4 (1:39:30,7) |            |           |
| 65.   | 46     |          | 328  | Stiller, Tomas       | 1981 | M 30 | 8          | Berlin                               | 33:13,9 (1:07:37,8) | 1:39:31 h  | (1:38:54) |
|       |        |          |      |                      |      |      |            |                                      | 31:53,0 (1:39:30,8) |            |           |
| 66.   | 47     |          | 382  | Schulze, Sebastian   | 1977 | M 35 | 8          | StB Dr. Albrecht und Partner GbR     | 33:16,6 (1:05:58,6) | 1:40:05 h  | (1:39:35) |
|       |        |          |      |                      |      |      |            |                                      | 34:05,7 (1:40:04,3) |            |           |
| 67.   |        | 20       | 358  | Kempe, Urte          | 1963 | W 45 | 3          | Berlin                               | 32:55,7 (1:06:03,2) | 1:40:08 h  | (1:39:14) |
|       |        |          |      |                      |      |      |            |                                      | 34:04,3 (1:40:07,5) |            |           |
| 68.   |        | 21       | 347  | Schwenzer, Sonja     | 1969 | W 40 | 3          | Amt für Statistik Berlin-Brandenburg | 33:29,0 (1:08:02,2) | 1:41:39 h  | (1:40:53) |
|       |        |          |      |                      |      |      |            |                                      | 33:36,3 (1:41:38,5) |            |           |
| 69.   |        | 22       | 341  | Schmitt, Sabine      | 1970 | W 40 | 4          | Berlin                               | 34:41,6 (1:09:28,6) | 1:45:06 h  | (1:44:31) |
|       |        |          |      |                      |      |      |            |                                      | 35:36,6 (1:45:05,2) |            |           |
| 70.   |        | 23       | 337  | Raffin, Camille      | 1970 | W 40 | 5          | Berlin                               | 34:41,1 (1:09:29,0) | 1:45:06 h  | (1:44:31) |
|       |        |          |      |                      |      |      |            |                                      | 35:36,8 (1:45:05,8) |            |           |
| 71.   | 48     |          | 367  | Herbst, Erik         | 1980 | M 30 | 9          | Berlin                               | 35:24,0 (1:11:12,7) | 1:45:32 h  | (1:44:54) |
|       |        |          |      |                      |      |      |            |                                      | 34:19,0 (1:45:31,7) |            |           |
| 72.   | 49     |          | 366  | Herbst, Günter       | 1952 | M 60 | 1          | Berlin                               | 35:16,2 (1:11:12,0) | 1:45:32 h  | (1:44:50) |
|       |        |          |      |                      |      |      |            |                                      | 34:20,0 (1:45:32,0) |            |           |
| 73.   |        | 24       | 343  | Böttcher, Tabea      | 1978 | W 30 | 2          | Berlin-Schöneberg                    | 35:39,0 (1:13:22,5) | 1:49:25 h  | (1:48:40) |
|       |        |          |      |                      |      |      |            |                                      | 36:02,5 (1:49:25,0) |            |           |
| 74.   |        | 25       | 592  | Hoffmann, Sonja      | 1953 | W 55 | 1          | FC Deutsche Post                     | 36:44,0 (1:13:17,4) | 1:49:28 h  | (1:48:48) |
|       |        |          |      |                      |      |      |            |                                      | 36:10,5 (1:49:27,9) |            |           |
| 75.   |        | 26       | 439  | Hentges, Gudrun      | 1964 | W 45 | 4          |                                      | 38:36,0 (1:17:38,7) | 1:55:33 h  | (1:54:59) |
|       |        |          |      |                      |      |      |            |                                      | 37:53,5 (1:55:32,2) |            |           |
| 76.   |        | 27       | 714  | Gerwanka, Anke       | 1966 | W 45 | 5          | Berlin                               | 38:31,4 (1:16:50,5) | 1:57:27 h  | (1:56:46) |
|       |        |          |      |                      |      |      |            |                                      | 40:36,5 (1:57:27,0) |            |           |

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